

BE CONFIDENT • GET FIT • TAKE CONTROL

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# Self Defense

**FOR WOMEN**

## LOVE YOUR HIPS!

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# Sex and Depression



American women often contend with some kind of sexual difficulty or dissatisfaction as they get older, and nearly 60 percent of the 43 million women who take antidepressants report sexual side effects from those drugs. But now, for the first time, clinical testing has shown that a non-prescription product has been developed that can improve the quality of life for women, the way that Viagra has for millions of men.

Unlike Viagra, Zestra for Women is a topical solution, containing only natural botanical substances and no hormones or synthetic chemicals. It was developed to safely enhance female sexual pleasure, increase warmth, sensitivity and sensation, as well as facilitate arousal when applied to the clitoris, labia, and vaginal opening. Zestra for Women is now available without a prescription.

For more information, visit [www.zestraforwomen.com](http://www.zestraforwomen.com), email [info@zestra-women.com](mailto:info@zestra-women.com) or contact

*QualiLife Pharmaceuticals Inc.* at Sixty-One West Medical Center, 1483 T. Gadson Blvd., Suite 105, Charleston, SC 29407.

You can also call toll-free (877) 493-7872 or fax (843) 402-0919.